

2019 Writer's Advance

Long Beach, WA

Boreas Inn

607 Ocean Beach Blvd N.

Long Beach, WA 98631

What's the Plan? Our plan is to write. A bunch! You are mature adults and don't need your hands held, so the schedule for the weekend is loosely structured around mealtimes. There are some optional activities that you might choose, but mostly you are free to focus and write. The schedule on the front of this page is the minimal version. If you would like more structure to keep you on track, there is a more detailed schedule on the back.

Optional Activities? What is this a cruise? Nope. The main thing is for you to take large chunks of time to write. Most people said they liked 90-120 minute blocks of time. You could easily get 10 of those blocks over the weekend, if you wanted to. In addition, there are the following options, which are (as it says on the tin) optional.

- **1-on-1 with Marc.** By request, you can get an hour with me to work on a specific problem with your project. My superpowers include seeing the big picture, connecting dots between where you are and the outcome you want, spotting stuff that's in the wrong place, and helping you find focus.
- **Collective Feedback.** If you want more brains harnessed to help solve your problem, you'll be able to claim one of several group feedback slots. You'll identify the area of feedback you want (narrative, outline, structure, plot, etc.) and Marc along with any of the other participants who want to take a writing break and who think they have something to add on that subject, will gather at the table to workshop your issue.
- **Nap, Reflect morosely staring at the steel-grey sky, beach walk, eat snacks, make another cup of coffee, etc.** Your brain will need many breaks from the intensive work you are demanding of it. Choose a change of state for your brain and body any time you need it.

The I-Do-What-I-Want Schedule

Just don't let your free spirit keep you from getting anything done!

Friday

Open Morning

- Spend it how you like.
- Travel at a relaxed pace.
- Do Touristy stuff in Long Beach.
- Find a restaurant or coffee shop for a morning "Bonus Session" of writing.

1PM Check in at Boreas

1:30 Welcome & Orientation

2PM Option: The Pomodoro

2:30 - 6 Open Afternoon

- Write or other optional activities.

6PM Dinner & Introductions

7:30 Open Evening

- More writing or other optional activities.

Saturday

Early Morning

- Spend it how you like.
- More writing!

10AM Breakfast & Check-In

11:30 - 1 Open Morning

- Write or other optional activities.

1PM Snack & Brain Break

2 - 6 Open Afternoon

- Write or other optional activities.

6PM Dinner & Check-In

7:30 Open Evening

- More writing or other optional activities.

Sunday

Early Morning

- Spend it how you like.
- More writing!

10AM Breakfast & Review

12PM Check Out

The I-Thrive-With-Structure-&-Info Schedule

*Just don't forget that all of this is optional & flexibility can be a gateway to creativity
The only real Locked-In times on here are meals.*

Friday

Open Morning

- Spend it how you like.
- Travel at a relaxed pace.
- Do Touristy stuff in Long Beach.
- Find a restaurant or coffee shop for a morning "Bonus Session" of writing.

1PM Check in at Boreas

1:30 Welcome & Orientation

- Quick Intro of everybody
- Orientation to the Inn
- Orientation to our schedule

2PM Option: The Pomodoro

- Marc shares a powerful technique he uses to focus and get a ton of writing done.

2:30 90 m. Writing Session

4:00 90 m. Writing Session

5:30 Body & Brain Break

6PM Dinner & Introductions

- Eat some good food.
- Share why you write
- Share your main goal for the weekend and how we can help.

7:30 Open Evening - Pick 1 or 2

- Another 90 m. Writing Session
- 1-on-1 with Marc
- Collective Feedback Session
- Peaceful evening relaxation.

Saturday

7AM 90 m. Writing Session

8:30 90 m. Writing Session

10AM Breakfast & Check-In

- Eat some good food.
- Yesterday's Win / Today's Goal
- Something you'd like feedback on.

11:30 Open Session - Pick 1

- 90 m. Writing Session
- 1-on-1 with Marc
- Collective Feedback Session

1PM Snack & Brain Break

2PM Open Session - Pick 1

- 90 m. Writing Session
- 1-on-1 with Marc
- Collective Feedback Session

3:30 90 m. Writing Session

5:00 Body & Brain Break

6PM Dinner & Introductions

- Eat some good food.
- Share your overall writing goals.
- Discuss next steps.

7:30 Open Evening - Pick 1 or 2

- Another 90 m. Writing Session
- 1-on-1 with Marc
- Collective Feedback Session
- Peaceful evening relaxation.

Sunday

7AM 90 m. Writing Session

8:30 90 m. Writing Session

10AM Breakfast & Review

- Eat some good food.
- Yesterday's Win / Home Goals
- Weekend Feedback

12PM Check Out